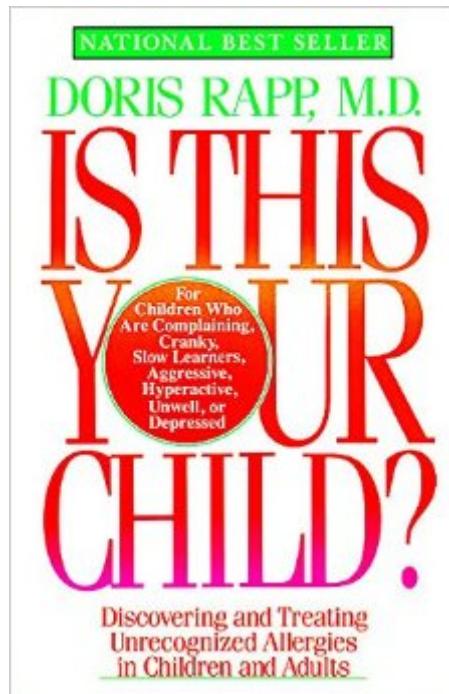


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# Is This Your Child?



## **Synopsis**

IS THIS YOUR CHILD? These are the major symptoms of potentially unrecognized allergies. Does your child suffer from any of the following? ¢ Allergic Nose Rub ¢ Eye Circles ¢ Red Ears ¢ Red Cheeks ¢ Eye Wrinkles ¢ Aggression ¢ Lack of Alertness ¢ Mottled Tongue ¢ In this breakthrough book, Dr. Doris Rapp offers a simple yet effective approach to handling "problem" children. *Is This Your Child?* shows parents how to identify the common foods, chemicals, or common allergic substances that could be the culprits that cause some children or adults to feel unwell or act inappropriately. If your child is always sick, hyperactive, a slow learner, or cranky, the first question you should ask is not "What drug should be prescribed?" or "What have I done wrong as a parent?" Instead, find out the cause. Dr. Rapp gives sensible suggestions about how these reactions to foods and environmental factors can be recognized, prevented, and treated. With this information, many affected children should feel, act, behave, and learn better. If you can detect unsuspected environmental illness in your child--or yourself--you can change your lives so you're more content, happy, and free of illness.

## **Book Information**

Paperback: 624 pages

Publisher: William Morrow Paperbacks; 1 edition (September 15, 1991)

Language: English

ISBN-10: 0688119077

ISBN-13: 978-0688119072

Product Dimensions: 6.1 x 1.6 x 9.2 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars ¢ See all reviews ¢ (80 customer reviews)

Best Sellers Rank: #99,735 in Books (See Top 100 in Books) #6 in ¢ Books > Health, Fitness & Dieting > Children's Health > Allergies #328 in ¢ Books > Parenting & Relationships > Special Needs #340 in ¢ Books > Health, Fitness & Dieting > Psychology & Counseling > Child Psychology

## **Customer Reviews**

Rapp, a Pediatric Allergist MD focuses on "brain allergy" in this book. This 600+ page book may seem daunting but it is not hard to read and you can pick and choose the chapters that you are interested in and that apply to your situation. It is also easy to skim for basic information at first and then if you need to delve into detail you can go back and read each word and section that applies to you. Black and white photographs, paragraphal text, case studies, and lists are the ways that Rapp

describes the various maladies that are caused by brain allergies. There are easy to reference lists and separate chapters on how allergies manifest in infants, toddlers, children, and adolescents. After the discussion of the allergy symptoms Rapp moves on to how to detect the food culprit and how to confirm via testing with provocation/neutralization (P/N) testing. This testing entails a pinprick for up to 40 times in one session PER FOOD, administered by the physician. Rapp discusses the single and multiple food elimination diet, and the rotary diet. She gives you all the information you need to know to implement these plans but advises you seek the council of a physician. Rapp explains that she prepares a diluted solution of allergy extract serum that the parent can administer to the child to reduce the affect of the allergic reaction (mixed up by the doctor and sold to the patient). Rapp also gives instructions for using an alkali nonprescription item to stop the allergic reaction once it has begun. Hypoglycemia is also discussed briefly and how sometimes the patient may have hypoglycemia-only, allergies-only, or both hypoglycemia and allergies together.

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